



Games with Cups

Summary - we often use these to open up a teacher workshop or class since you can buy plastic cups just about anywhere and these are a couple of very engaging games with simple materials.

Game Ideas **Simple cup stacking** - with

a dozen or more cups, the goal is to see how high you can stack them - one on top of another. Pyramids are great, too - it just takes more cups to organize.

Switch to a rubber band lift variation - tie 4 or more

pieces of string or yarn to a rubber band that is sized so that without pressure it can hold onto a cup. Then with one person per string, the goal is to repeat the basic cup stacking but now without actually touching the cup - just using your rubber band contraction to capture, lift, move, stack, and release. Not nearly as easy as it looks.



Cup flipping - add a set of index or playing cards, and now repeat the process of stacking cups directly on top of each other but putting the card between each layer. Each time a new cup is added whoever added the cup must also flip the entire stack by holding onto the top and bottom layer, applying just enough pressure to hold it together without crushing or collapsing it. Another challenge that is harder than it looks. Here is a video: https://www.youtube.com/watch?v=tl3HKv_H3ns