



Name Game Ball Toss

Summary -have the group stand in a circle and have everyone introduce themselves by their first name. Call out someone's name and toss them one of many balls or similar tossing objects you have ready (pom poms, kush balls, or even stuffed animals will work well). Have them say "thank you" with your name, and then explain the object is for that object to be passed to another person (also addressed by name) until everyone has held it, and then it is passed back to you, where you deposit it in a waiting container. Practice one more time to learn the sequence, and then explain the goal of seeing how many objects the group can successfully pass in 30 seconds, continuing to address and thank everyone by name. If an object is dropped, ignore it and wait for another to come your way. Give it a few tries, and each time applaud the group as they become more of a team. A great way for everyone to hear everyone's name multiple times in a very quick activity that also builds energy.

Resource Links

Here is a video with a variation that shows the basics:

https://www.youtube.com/watch?v=aLV_psSi_rE

STEM Connections

Summary - Once a group has strong relationships this could be a way to practice a set of vocabulary, such as elements from the periodic table or types of deciduous trees. Simply have everyone pick their "favorite" as their new name and play the game - guaranteed to be some interesting chaos of catching & dropping