


## Robot Walk

Fun & active trust-building exercise for partners.

🕒 Trust Exercises ⌚ 2 - 5 min  
 👥 Medium (15-30 ppl) 🏃 Active

- ✓ Very playful & fun
- ✓ Fosters trust & empathy
- ✓ Sharpens listening skills
- ✓ Partner activity
- ✓ No props



### Step-by-Step Instructions ^

1. Clearly designate a large, open (empty) space in which your group will soon interact.
2. Forms into small groups of two people (pairs.)
3. For each pair, nominate the tallest person as the robot, and their partner will be the controller.
4. The task of the controller is to guide the robot safely around the designated area, by using one of four distinct taps on the back or shoulder of the robot:
  - One tap between shoulder blades = walk forward;
  - One tap on the left shoulder = turn 90 degrees to left;
  - One tap on right shoulder = turn 90 degrees to right; and
  - Two quick taps between shoulder blades = stop walking.
5. The primary goal of the controller is to prevent their robot from bumping into any obstacles, including other people.
6. After 30 to 60 seconds, ask each partnership to switch roles.
7. After one or two rounds, ask each person to find a new partner to repeat the exercise, or consider playing a variation.

## RELATE THIS ACTIVITY TO THE EDISON ROBOT

**Blind Robot Walk:** Invite the robot to keep their eyes closed at all times.

**NO Verbal Communication:** ONLY tapping the back and shoulders of their partner.

**Verbal Communication:** Rather than tapping the back and shoulders of their partner, ask everyone to issue verbal commands (with no physical contact permitted at any time.)